



**RECREATIONAL
CHEER INFO
AND
AGREEMENT**



**all-star
REVOLUTION**

We understand that not everyone wants the time commitment or the financial responsibility that comes with competitive cheerleading, but we think every athlete should have the opportunity to cheer if desired. Our rec classes are designed to help EVERYONE receive proper cheer training. If you're not sure whether or not cheerleading is a good fit for your athlete, come try it out! These options provide a flexible way to learn and/or improve skills while getting introduced to the world of cheerleading.

Rec Class Overview			
Class Type	Each class is offered:	Ages	Monthly Tuition
Cheer in Training	1 x week 1.25 hrs	6-15	\$100
Tots FUNdamentals	1 x week 45 min.	2-3	\$75
Tots Tumbling	1 x week 1 hour	3-4	\$75
Tiny Tumblers	1 x week 1 hour	4-6 potty trained	\$75
Tumbling Class	1 x week 1 hour	5-18	\$75
Ninja Class	1 x week 1 hour	6-9	\$75
Jump Class	1 x week 45 minutes	6-18	\$50
Stretch Class	1 x week 45 minutes	6-18	\$50

To register for a class or private lessons at ASR, athletes must:

- Read the information and agreement packet.
- Have/create an All-Star Revolution account with up to date information.
- Agree to all policies and procedures.
- Request registration to a class.
- 2022-2023 \$55 Registration and month's tuition due at sign up.

It is your responsibility to to keep your account up to date.

ATHLETES WILL NOT BE ALLOWED TO REGISTER OR PARTICIPATE WITH A BALANCE.

NO ATHLETE WILL BE ABLE TO REGISTER FOR A CLASS WITHOUT A VALID CC FORM ON FILE.

We do not prorate any classes or registration fees regardless of start/end dates.

Cheerleader in Training - \$100/month:

Athletes in this class will work to improve technique on jumps, motions, dance, tumbling and stunts. Training classes will be held once a week for 1.25 hours per class. Athletes ages 6–15 with level one and two skills are invited to participate. Cheerleader in Training class members will not perform at competitions, but will be taught the same cheer technique as our competitive athletes. This is the perfect class for athletes wanting to learn the fundamentals of cheerleading as well as athletes wanting to prepare for school or competitive team tryouts in the future.

Tumbling Class Breakdown		
Level	Required Skills	Tumbling Skills Worked on in Class
1	No required skills	<u>Standing:</u> forward roll, back walkover, front walkover <u>Running:</u> cartwheel, round off
1.5	<u>Standing:</u> forward roll, back walkover, front walkover <u>Running:</u> cartwheel back walkover, round off	<u>Standing:</u> back handspring <u>Running:</u> round off back handspring
2	<u>Standing:</u> back handspring <u>Running:</u> round off back handspring	<u>Standing:</u> back handspring series <u>Running:</u> back handspring step out round off back handspring, front walkover round off back handspring, round off two back handsprings, round off back handspring back tuck
3	<u>Standing:</u> back handspring series <u>Running:</u> round off back handspring back tuck	<u>Standing:</u> back handspring back tuck, standing back tuck <u>Running:</u> front walkover round off back handspring back tuck, round off back handspring layout
4	<u>Standing:</u> back handspring back tuck, standing back tuck <u>Running:</u> round off back handspring layout	<u>Standing:</u> back handspring to layouts <u>Running:</u> specialty passes to layouts
5	<u>Standing:</u> back handspring to full <u>Running:</u> round off back handspring full	<u>Standing:</u> standing full, back handspring to double <u>Running:</u> running doubles, arabian connecting alter rate passes

Tumbling Class - \$75/month:

Tumbling classes will be offered year-round for competitive athletes and/or non-competitive athletes. Classes are once a week for an hour and will be split based on USASF levels (and ages when necessary).

Tots FUNdamentals-\$75/month:

Start your tot off early learning age appropriate tumbling FUNdamentals. **Ages 2-3**

Tots Tumbling Class-\$75/month:

Your tot can continue to develop their FUNdamentals and learn basic tumbling skills, strength, balance and coordination. **Ages 3-4**

Tiny Tumblers Class - \$75/month:

Tots Tumbling classes will focus on basic tumbling skills while enhancing flexibility, strength, balance and coordination. **Ages 4-6**

Jump Class - \$50/month:

Jump class will focus on improving an athlete's jump technique, flexibility, control and height.

Revolution Ninja/Warrior Class- \$75/month:

Ninja class will focus on the "tricking" aspect of tumbling. Athletes will work on multiple apparatuses (trampoline, air trak, mini tramp etc.) and combine martial arts with flips and twists from gymnastics.

Stretch Class - \$50/month:

Stretch classes will focus on flyer body positions. Athletes will learn stretches and drills to improve flexibility and be taught proper technique on all body positions.

Private Lessons:

ASR offers private instruction for competitive and non-competitive athletes. You can contact instructors directly for pricing and scheduling details. Instructors have access to the ASR facility but cannot schedule private lessons that end after 10pm. Athletes with a balance will be placed on a "no private list" and will not be allowed to participate in private lessons until the balance is paid in full. Contact office@all-starrevolution.com or 281-741-3762 for instructor's contact information.

STANDARD BILLING PROCEDURES

- Fees will post to your ASR account on the 1st of the month in which it's due.
- All balances will be charged to the card on file on the 6th of each month.
- If you prefer NOT to charge the card on file, you must bring in cash or check by the 5th of the month or sooner should the office be closed/weekend.

****Checks payable to All-Star Revolution***

- All accounts are required to have a valid credit card on file at all times even if paying by cash or check monthly.
- No account will be allowed to have fees roll over from month to month.
- Athletes with a balance will not be allowed to participate in class until ALL fees are paid in full.

OFFICE HOURS

Our business office is open Monday – Thursday from 12pm-5pm. You can register in person anytime during those hours or by emailing office@all-starrevolution.com. The front desk is open from 12pm-9pm M-Th.

These “holiday” closures apply to ALL classes:

Sunday, July 5th 2022 (Independence Day Weekend)

Monday, September 5th 2022 (Labor Day)

Monday, November 21st -Friday, November 25th 2022
(Thanksgiving)

Monday, December 19th 2022 – Sunday, January 1st 2023 (Christmas/
New Years)

Monday, March 14th - Friday, March 17th 2023 (Spring Break)

Dates are subject to change to be in alignment with our local school districts.

Please note that ASR reserves the right to refuse training any athlete due to unacceptable behavior and or outstanding money owed. ASR reserves the right to ban anyone from the premises for being disruptive, uncooperative or threatening to any staff, athlete or other customer.

By registering at All-Star Revolution, I am acknowledging that I have read and understand the 2022-2023 information packet(s) and agree to abide by all guidelines set forth by All-Star Revolution. I understand that failure to adhere to any of these policies will result in removal from the program with no refund.