



# all-star REVOLUTION

## COMPETITIVE INFO & AGREEMENT



TEAM PLACEMENT

Athletes are divided into teams based on two factors: age and skill level. Age requirements can be different for each level/division. ASR will always prioritize the healthiest age group for your individual athlete based on age, maturity, experience and skill. \*These age groups may be subject to change according to USASF updates.

Skill Level Breakdown:

Athletes are evaluated based on their execution of tumbling, jumps and stunts. All are important and taken into consideration when putting together successful teams. Required skills vary from team to team. The level of execution of each skill will also vary from program to program. For example, a performance ready back walkover will be considered elite while a mastered back walkover will be considered prep and a basic back walkover will be considered novice. Athletes will be placed according to their performance at tryouts. All skills must be maintained to remain on any given level/team. ASR reserves the right to move an athlete from one team to another at any point in the season (up OR down) based on performance, ability, necessity ect.

Please make sure you understand that this criteria (Performance Ready/Mastered/Basic Skill) is going to be applied to ALL aspects of cheerleading. This includes: tumbling, jumps, stunts, memory and performance.

After the initial evaluation, athletes will be placed in workout groups based on their results. Teams will officially be set by choreography camp.

\*The ASR coaching staff does not determine placement, nor will they know which divisions we will be having. Please refrain from asking them and trust the process. Failure to do so will only result in speculation and gossip.

ESTIMATED FINANCIAL OBLIGATIONS

Competitive all star cheerleading requires a significant financial commitment. The following estimated costs are subject to change and while other expenses are not foreseen, they could arise. **Absolutely no special financial arrangements will be made. Please carefully consider the financial responsibility required before committing to the season.** ASR can provide a sponsorship letter upon request for financial assistance from local businesses and/or friends and family.

***Please note that the All Star Elite fees below are for a regular season and do not include out of state events (UCA/YOUTH SUMMIT/SUMMIT/WORLDS) and those fees associated with them.***

2023-2024 ASR Competitive Program Fees					
*Fees	All Star Elite (Travel)	All Star Prep (Travel)	Novice (Min. Travel)	Novice (Non Travel)	Due
Tryout Fee	\$50	\$50	\$50	\$50	At Registration
Registration	\$55	\$55	\$55	\$55	May
Monthly Tuition	\$225	\$200	\$175	\$150	May through April
Practice Wear	\$275	\$275	\$200	\$200	May
Competition Bow	\$45	\$45	\$45	\$45	June
Competition Uniform	\$650	\$650	\$325	\$325	June
Choreography & Music Fee	\$400	\$350	\$200	\$150	July
USASF Fee	-	-	-	-	Go to <a href="https://usasfmembers.net">usasfmembers.net</a> and pay membership directly
Competition Warmups	\$250	\$250	\$250	\$250	July
Competition Backpack	\$125	\$125	\$125	\$125	Must pay/order at time of uniform order
Coaches Fee	\$150	\$150	\$150	\$150	\$50 Aug/\$50 Sept/\$50 Oct
Competition Fees (Split into 3)	\$1200	\$950	\$800	\$650	Three equal installments Aug/Sept/Oct

- \*Above prices do not include tax and may be subject to change.
- \*Above prices do not include travel/lodging expenses at out of town events.
- \*Above prices do not include UCA, Youth Summit, SUMMIT or WORLDS fees (All-Star Elite Athletes ONLY)
- \*All items are REQUIRED and considered a part of the uniform.**

## STANDARD BILLING PROCEDURES

- Fees will post to your ASR account on the 1<sup>st</sup> of the month in which it's due. **Any items are to be paid for at time in which the order is placed.**
- All balances will be charged to the card on file on the 6<sup>th</sup> of each month.
- If you prefer NOT to charge the card on file, you must bring in cash by the 5<sup>th</sup> of the month (or sooner should the front desk be closed.)
- **WE NO LONGER ACCEPT CHECKS**
- All accounts are required to have a valid credit card on file at all times even if paying by cash.
- No account will be allowed to have fees roll over from month to month.
- Athletes with a balance will not be allowed to participate in class until ALL fees are paid in full and could be removed from the program.
- Communication is key

## BREAKDOWN OF FEES

### Registration:

The \$55 per athlete non-refundable registration fee is due each year at the time of sign up. No participants will be placed on an All-Star Revolution team or allowed to practice at ASR without having paid this fee **each season**. Returning members are required to pay this fee each season upon registration renewal. That fee is good for one cheer season, which goes from May 2023-April 2024. All athletes who participate with teams, schools, tumbling, privates, camps, etc. need to pay that fee annually every May or upon registration.

### Monthly Tuition:

Families with multiple athletes will receive a 50% discount off any additional sibling's team tuition. The 50% team tuition discount will be applied to the lesser value of tuition when applicable. Cousins, neighbors, etc. are NOT considered siblings. (All other fees will apply per athlete.) **Withdrawal notice must be given to [Office@all-starrevolution.com](mailto:Office@all-starrevolution.com) by the 15<sup>th</sup> of any month to avoid being charged for the next month's tuition.**

### Practice Wear:

\*Practice wear changes every year, so this is required for new AND returning members. All-star & prep athletes will be issued three practice outfits, novice athletes will be issued two practice outfits. **Teams are only allowed to wear official 2023-2024 ASR practice wear items during all team practices and events. All other items are not approved and will not be allowed.**

### Competition Uniform:

\*All athletes must order a uniform according to their program and level placement. Styles and prices vary by team. **Please note that the uniform is designed to fit like a leotard so keep that in mind when selecting the size.**

### Competition Bow:

\*A competition bow will be ordered for all active athletes according to their program and level placement. Styles vary by team, but all bows are \$45.

### Competition Warm-ups:

\*The ASR warm-up set is the only cover up allowed and other cover up items are not allowed while in uniform. Pajama pants, sweats, blankets ect are not part of the uniform and are not what we want the kids walking around in. Warm-up are a required item so please use them.

### Competition Backpack:

\*The ASR backpack is the only bag allowed while in uniform. All other bags/backpacks are not allowed at competitions. School cheer backpacks are not allowed.

***\*It is important to note that practice wear, warm-ups, uniform, bow and backpacks cannot be changed in any way. Added bling or embroidery is NOT allowed and any alterations that change the uniform design are also prohibited.***



## BREAKDOWN OF FEES CONT...

### Choreography:

**All-star, prep team and novice travel athletes** are required to attend a mandatory choreography camp for their team. The mandatory choreography fee includes the cost of choreography, instruction and music production. All members **MUST** pay this non-refundable fee, regardless of camp attendance, which would also include members who might join later in the season. They will still use the choreography and music provided.

### Coaches Fee:

This will help cover a small portion of the expenses that come with our staff traveling to our local events, out of town events and all of the cost that come with it such as registration fees, parking, per diem, accommodations and other travel expenses.

### USASF Membership:

The United States All Star Federation (USASF) is the main governing presence in competitive all star cheerleading. USASF requires that ALL athletes certify to be eligible to compete each season. The fee will be paid directly to USASF and will be your responsibility to register your athlete and upload the birth certificate or any information required to make them eligible. Adult athletes must also complete background checks and a course.

### Competition Fees:

Competition fees are NON-REFUNDABLE (even if the athlete quits, is removed or becomes injured.) All-star teams will attend up to 8-10 events per season, Prep elite will attend up to 7-8 events, novice will attend up to 5-6 events per season. Competition fees include event registration for the season. The 2023-2024 ASR competition schedule will be determined based on school squad conflicts, event location, other competitors and other various factors to ensure a competitive and successful year for all teams. Once this schedule is set the exact fee will be calculated and broken into three equal installments due in September, October and November 2023.

**Please note that the above fees do not include travel and lodging for out of town events.**

### **OUT OF STATE EVENTS (ELITE ONLY):**

*Should an ELITE team attend any out of state events, this will incur additional fees. Events such as **UCA** or **Youth Summit** are not factored into the regular season.*

***The Summit and The Cheerleading Worlds*** invitation only events and are not factored into the regular season.

*\*Hotel, airfare, food, registration fee and coaches fee are **extra expenses** for these events and could a very big expense for a family. New athletes trying out or an Elite position at ASR should keep this in mind from day 1 as our current athletes are expecting to attend each year.*

## COMPETITIVE TEAM COMMITMENTS

All-Star Revolution is an organized program. Competitive athletes are expected to attend all competitions and practices as a team. We realize that many children and/or young adults are involved in a variety of activities, however, we cannot make exceptions for schedule conflicts. We expect top priority and 100% commitment and attendance. ASR reserves the right to remove athletes from the program for failure to adhere to any of the guidelines in this agreement packet.

### Practices and Absence Policy:

- Each All star and prep team will have a 2 hour practice twice a week. One practice will be a weeknight and the 2<sup>nd</sup> could be on a Friday, Saturday or Sunday, but it is not guaranteed. This will start immediately in the month of June so practicing twice a week is the minimum (even during the summer months). Extra practices will also be called on an as-needed basis and could be called any day of the week (Monday-Sunday). The two weekly practices and any extra practices are included in the monthly tuition. Tuition does not increase for months where teams practice 10 times and does not decrease for months where teams may only practice 3 times. It is an average that will not be prorated or discounted for absences.
- The same policies go for our novice programs which practice once a week but will potentially have a MANDATORY extra practice scheduled closer to competition time.
- The only excused absence is a mandatory school cheer function or a school function that results in a grade. All other absences are unexcused. Part-time jobs, dances, concerts, musicals, banquets, long distance driving, family reunions, weddings, recitals, school/church socials, and any other non-related school activities are unexcused.
- Absences are NOT allowed for any reason the weekend prior to a competition or the week of a competition.
- Every athlete will be allowed to miss **four** practices during the summer. **CHOREOGRAPHY CAMP IS MANDATORY.**
- If for any reason there is a need to miss a practice you must submit the Absence Request Form at least 2 weeks in advance and it will either be approved or denied via email by Edgar Ruiz. (*Absence request form at the front desk.*)
- Forms left on a desk will not be valid – you must fax or email the form to [office@all-starrevolution.com](mailto:office@all-starrevolution.com). Faxed forms the day of a scheduled practice will not be accepted. This includes school cheerleading, gymnastics, choir, band, and all other school sports. Your school activities are planned well in advance. Please submit your request in advance. A completed form does not automatically excuse the absence.
- **ALL absences must be approved by Edgar Ruiz**, no other staff member has this authority. If an emergency arises the day of a practice, you will need to communicate directly with your head coach which will then notify Edgar. Other staff cannot excuse athletes or pass along messages.
- We will verify with school administration and the teaching staff if we think that someone is being dishonest with an absence request. Be prepared to show documentation from a teacher or instructor. You will be removed immediately if the request is falsified. No absences are permitted the week of an event. The greater the team's attendance, the less extra practices will be needed.
- If an athlete is injured, please notify ASR staff immediately. ASR staff reserves the right to replace an injured individual for some or all of the remaining events.
- **All ordered items are final and non-refundable.**
- All-Star Revolution practice wear must be worn to all practices. If an athlete is missing any practice wear pieces at practice, a replacement item will be provided and charged to your ASR account (this includes the bow). Athletes represent his/her team at all times – it is imperative to be disciplined.
- Cheer shoes are not optional. We are a cheer gym so please keep your shoes on at all times.
- No jewelry can be worn in the gym at any time.
- Only water is aloud in the gym area.
- Any tattoos must be covered at all times.
- We are here to work so please turn your cell phones off. ASR is not responsible for lost or stolen items so please use discretion when bringing valuables to the gym.
- There is a lost and found, however, any unclaimed items will be donated bi-weekly.
- You must arrive to practice on time. Five minutes early is better than five minutes late!
- **If you are not working on a skill and you arrive early to practice, please stay off the equipment, sit/stretch quietly and wait for your practice to start without disturbing other classes in the gym. Please stress to your athlete that our trampolines are not made sit on or play on for long periods of time. They are strictly made for training for one athlete at a time with coach supervision ONLY.**
- If you are not an All-Star Revolution athlete or staff member, do not enter the gym area at any time. Parents are NEVER allowed to spot an athlete at the ASR facility or at an ASR event.
- Parents (including team moms) should NEVER coach a team, call extra practices or provide any kind of cheer instruction for athletes.
- No unsupervised tumbling! An instructor must be present at all times.

## Practices & Absence Policies Cont.

- ASR reserves the right to close practices to parents or any other spectators.
- Please try and stay healthy both in and out of the gym to help prevent any injuries from occurring. We encourage athletes to eat healthy, stay active and get plenty of rest.
- Every athlete must be respectful to teammates, staff and parents at all times.

### Competitions:

- The tentative All-Star Revolution competition schedule for the 2023-2024 season will be determined and sent out no later than July 31, 2023.
- ALL COMPETITIONS ARE MANDATORY FOR EVERY ATHLETE.
- Every athlete must not only attend every competition, but they must be available the entire week/weekend of the event and the entire week/weekend leading up to the event. Failure to do so will result in permanent removal from the ASR program.
- Athletes should be prepared to practice the entire weekend prior to and the week leading up to any event/competition, even if emergency practices are scheduled last minute. Please be aware that once the competitions start, **it will be very time consuming.**
- Upon arriving at competition, every athlete must be in full uniform from head to toe. This means a clean uniform top and bottom, ASR warm-ups, hair out of face w/assigned competition bow, full make-up, no show white socks, clean white cheer shoes and no jewelry, nail polish, or gum. No cell phones tucked into skirts. Appropriate undergarments should be worn at all times so as not to distract from the uniform design (i.e. no hot pink). Athletes will remain in uniform the entire time he/she is at an event – even after performing. This means every article of the uniform must stay on, zipped, buttoned and in place. Cheer shoes/bow stay on at all times.
- All athletes must attend ALL awards ceremonies pertaining to their team.
- For awards athletes should look “performance ready” – meaning no backpacks, no cell phones, no warm-ups and no t-shirts. Athletes should still be in full hair and make-up and look as if as if they are about to take the floor to compete.
- Remember that you are representing All-Star Revolution at all times. Please represent us, *and yourself*, well.
- Athletes and parents should NEVER post something on social media that can be perceived as negative toward ASR, another athlete, team, program or coach, etc.
- We expect for every athlete to watch and cheer for other All-Star Revolution teams. This may mean you may have to arrive earlier or leave later than required for your own performances/awards. Poor sportsmanship by athletes or parents may result in removal from the program.
- At competitions the main priority of a coach is to safely prepare the athletes for their performances. After that, our next priority is to support our teams as they perform. Depending on the schedule, this means that all of our team’s coaches may not be able to stand with a team as their awards are handed out, or, in rare cases (at events with multiple venues) during a performance. We will do anything we can to get as many of the coaches there, but sometimes it is just not possible.
- Some competitions may require us to compete on a Friday and/or may require your athlete to miss a part/full day of school. When selecting competitions for our program, this is one of the first things we take into consideration. We will strive to keep our athletes from missing as much school as possible, but sometimes it is inevitable.
- ASR has a reputation of very enthusiastic fans at competition and we would like to keep it that way! It is important for our parents to be loud and supportive for ALL of our ASR teams. In fact, it should sound like you are at a play-off game cheering on your favorite pro sports team. Face paint optional!

#### Hotel Accommodations:

- Stay to play applies to most out of town events and ASR will provide a block for our families via the required booking company.
- We will select team hotels after we release our competition schedule so you are able to make reservations months in advance. This is a wonderful time for athletes and parents to get to know each other.
- Teams may be required to meet or practice at the team hotel any time throughout the weekend of an out-of town competition at the coach's request. Athletes should be available the evening before an event for practice and remain flexible in case other practices and/meetings need to be scheduled during a competition weekend.
- Parents will be responsible for athletes in the hotel.

#### Choreography Camp:

- All novice travel, prep and elite teams will attend camp in the ASR facility during the summer to learn routines. This is mandatory for all athletes.
- Elite teams will have a 2 or 3-day camp.
- Prep teams will have a 2-day camp.
- Novice travel teams will have a 1-day camp.
- Each camp will run from 9AM-3PM with an hour lunch break from 11:30-12:30pm.
- For the safety of our athletes, they will not be allowed to leave the premises. Please be sure to pack a nutritious lunch.
- These choreography camps are closed to parent viewing. You may drop off lunch for your athlete at noon, but you will not be allowed to stay. This time is intended for athlete bonding.
- Dates for all team choreography camps will be released no later than the end of May.
- *Novice non travel will not have a camp and will learn the routine during practice.*

#### **2023-2024 ASR Team Breaks:**

There will be no regular practices for any ASR team members on the following dates.

#### **These “holiday” closures apply to ALL classes:**

Monday, May 29th (Memorial Day)

Sunday, July 2nd — Tuesday, July 4th 2023 (Independence Day Weekend)

Sunday, September 3rd — Monday, September 4th 2023 (Labor Day Weekend)

Monday, November 20th — Friday, November 24th 2023 (Thanksgiving Break)

Friday, December 22nd 2023 — Friday, January 5th 2024 (Christmas/New Years)

Monday, March 11th — Friday, March 15th 2024 (Spring Break)

***Dates are subject to change to be in alignment with our local school districts.***

**Before signing up, please remember that we do not offer makeup days for scheduled closures, emergency closures, athlete absences and we do not prorate.**

**TRAVEL TEAM ATHLETES WILL HAVE MANY EXTRA PRACTICES THROUGHOUT THE YEAR.**

## PROGRAM RULES AND REGULATIONS FOR ATHLETES AND PARENTS

- I will treat my teammates, staff and other parents with respect. I will treat and talk to others in the same manner I wish to be spoken to.
- I understand if I threaten to quit or pull my child from a squad/class, I may be dismissed from the program immediately and indefinitely.
- I understand that competitive athletes are required to wear the appropriate practice attire to every practice and if they do not, a replacement item will be issued at my expense.
- I understand the importance of punctuality and will arrive at all practices and scheduled events on time.
- **I will not participate in negative gossip in any way. This includes on-line communication. Please remember that anything you ever say is a direct reflection on this organization and its members.**
- I understand that comments about other teams and their programs will not be tolerated. We should respect their teams, as we expect respect in return.
- I will strive to maintain and improve upon the skills I have and set goals to acquire more skills.
- I understand there must be perfection before progression. I will not attempt to learn advanced tumbling skills before perfecting the basics. If parents and students do not have a clear understanding of our teaching methods, they should not be cheering at ASR.
- I understand that ONLY perfected skills will be choreographed into an ASR routine.
- I will not keep my child from practice or performing as a form of punishment.
- I will maintain good sportsmanship at all times when representing All-Star Revolution. Furthermore, I understand that I must be a strong representative of All-Star Revolution at all times and a positive reflection of my teammates. Abusive behavior, lying, and/or any other form of negative behavior are grounds for removal from this program.
- I will not use foul language in practice, at events, or at any time while representing ASR or in ASR attire.
- I understand that at times an athlete will need to be moved from one team/class to another. I will be flexible and understanding if such a situation arises.
- I understand that apps such as GroupMe/Band are used for communicating information from ASR office, team parents and coaches. Any group chats that bring negativity to the team, staff, families, athletes or program could result the removal from the program.
- I also understand that ASR reserves the right to change a team level or division at any point during the season.
- I understand that parent viewing areas should be a positive place, and I may be prohibited from using the parent viewing area if I cannot maintain a positive attitude or keep comments to myself. Furthermore, I understand that the parent viewing lounge is not my personal workshop, living room, dining room, party room or day care. I will respect others and use it for the sole purpose of viewing my child.
- I understand that all communication with ASR staff should be between the PARENT and the coach – athletes should not communicate with coaches via text or email or social media. I understand that such interactions will jeopardize the coach's position at ASR.
- I understand that parents should not collect or request money for ANYTHING without approval from management. Cheer is an expensive sport and excessive team gifts or get-togethers may add more financial pressure for participants. ASR teams may organize occasional parties, gifts and/or goodie bags ONLY with approval from ASR management.
- **I understand that I am making a year round commitment and will honor that commitment.** If I fail to honor this commitment, I understand that I may be asked to resign my position at ASR indefinitely.
- I understand that I am not to contact any competition companies or their officials with any questions or comments. If I have any questions I will contact management on the following business day.
- I understand that uniforms are to be used only at competitions and should only be worn by All-Star Revolution athletes. I will take very good care of my uniform and will be responsible for replacing a damaged or dirty uniform piece.
- I understand that all routines and choreography including cheers, dances, stunts, transitions, and tumbling should be highly protected and should not be shown or discussed with others. ASR choreography should never be copied or taught to anyone. This also includes any and all portions of music. NO VIDEOS of routines, practices, competitions or any choreography should be uploaded to any online site such as YOUTUBE or other forms of social media!
- I will not make or try to sell any All-Star Revolution items. Use of All-Star Revolution logo or any part of the logo is strictly prohibited. I understand that any violation to this agreement will result in legal action and indefinite removal from ASR.
- I understand that solicitation on ASR premises is not permitted. I will not try to promote my personal business or interests while at the ASR facility or at an ASR function. Furthermore, I will not use ASR contacts or email addresses to promote my personal interests and/or business.
- I will not hold ASR responsible for any lost or stolen items since it is not possible to monitor all valuables brought into the facility. I understand that any items left over 14 days will be donated.
- **I understand that if I plan to drop from any ASR class and/or team, I must give withdrawal notice to [office@all-starrevolution.com](mailto:office@all-starrevolution.com) by the 15<sup>th</sup> of any month to avoid being charged for the next month's tuition.**
- I understand that if I quit or am removed from the program/class or become injured at any point during the season, I will not get any form of refund.

**Please note that ASR reserves the right to refuse training any athlete due to unacceptable behavior (in person or online) or outstanding money owed. ASR reserves the right to ban anyone from the premises for being disruptive, uncooperative or threatening to any staff, athlete or other customer.**

**By registering at All-Star Revolution, I am acknowledging that I have read and understand the 2023-2024 information packet(s) and agree to abide by all guidelines set forth by All-Star Revolution. I understand that failure to adhere to any of these policies will result in removal from the program with no refund.**