

all-star REVOLUTION

COMPETITIVE INFO & AGREEMENT





WELCOME

We are thrilled to have you as part of the ASR family! This program is built on dedication, passion, and the relentless pursuit of excellence. Whether you're stepping onto the mat for the first time or returning for another season, know that you are part of something bigger—a team that stands together, works together, and battles as one.

Inside this packet, you'll find everything you need to know about the upcoming season, from expectations and policies to key dates and financial commitments. We believe that success comes from hard work, discipline, and a positive team culture, and we can't wait to see what this season holds.

Thank you for trusting us with your athlete's journey.

Now, let's get to work—because at ASR, we battle as one!

-Edgar Ruiz

TEAM PLACEMENT

Athletes are placed on teams based on two key factors: age and skill level. While age requirements can vary by level and division, ASR prioritizes the healthiest placement for each athlete—considering not just age, but also maturity, experience, and skill level. Age groups are subject to change based on USASF updates.

Skill Level Breakdown

Team placement is determined by an athlete's execution of tumbling, jumps, and stunts—all of which are equally important in creating successful teams. Required skills vary from team to team, and the level of execution is a major factor in placement.

For example, in tumbling:

- A performance-ready back walkover = Elite level
- A mastered back walkover = Prep level
- A basic back walkover = Novice level

Placements are based on tryout performance, and all skills must be maintained throughout the season to remain on any given team. ASR reserves the right to move an athlete up or down based on performance, ability, and team needs.

Evaluation & Team Assignments

- After the initial tryout evaluation, athletes will be placed into workout groups based on their results.
- Official teams will be set by choreography camp.

Important Notes

- The performance-ready/mastered/basic criteria apply to all aspects of cheerleading—including tumbling, jumps, stunts, memory, and performance.
- ASR coaches do not determine placement and will not know final team divisions. Please do not ask coaches about placement—trust the process. Speculation and gossip will not change the outcome and only create unnecessary distractions.

Our goal is to build strong, successful teams while ensuring each athlete is in the best possible environment for their development and success!

TEAM PLACEMENT



All Star Elite Teams

Our All Star Elite teams are made up of dedicated athletes who train and compete at the highest level. The season begins May 2025, and runs through April 2026 (or until Worlds/Summit, if applicable).

Commitment & Practice Schedule

- Teams practice a minimum of 3 days per week, with each practice lasting at least 2 hours.
- Additional practices may be scheduled leading up to competitions or as needed to ensure the team is fully prepared.
- Full attendance is required—routines depend on every athlete being present and fully engaged.

Competition Schedule

- Teams will compete at multiple 1-day and 2-day events in Texas.
- There is the potential for 1-2 out-of-state competitions during the regular season.
- Some teams may earn bids to end-of-season events in Florida (such as The Summit).

Important Considerations

We understand that summer is a time for travel, and athletes are allowed to travel. However, they must also commit to at least 4 hours of training per week to maintain their skills and team readiness. Our Elite program is highly competitive, and every athlete's participation is essential for the team's success. If your travel plans make it difficult to meet this commitment, please talk to us—we're happy to help you explore other options!

All-Star Prep Teams

Our All Star Prep teams are perfect for athletes who want the full-season cheer experience but may not yet be ready for our Elite program.

This program runs from May through April and offers a highly competitive environment with the same high standards as our Elite teams.

Commitment & Practice Schedule

- Teams practice 2-3 times per week.
- Prep routines are slightly shorter than Elite routines but still require full team participation at every practice.

Competition Schedule

- All competitions are 1-day events only.
- These events give athletes the opportunity to build confidence, stamina, consistency, memory, and focus in a competitive setting.

Program Expectations

- Although routines are shorter and require fewer elements, Prep athletes are expected to train hard, improve their skills, and perform at a high level throughout the season.
- Full commitment and dedication are required—success depends on every athlete giving their best effort at every practice and performance.

This program is a great way to develop the strength, skills, and mindset needed to advance in competitive cheerleading!



TEAM PLACEMENT

All Star Novice Teams

Our All Star Novice teams are designed for athletes who have a strong foundation in stunting, basing, jumps, and cheerleading fundamentals and are ready to put their skills into a competitive routine.

This program is a great introduction to the competitive cheer world while focusing on skill development and performance confidence.

Commitment & Practice Schedule

- Teams practice once per week for 1.5-2 hours from May 2025 to April 2026.
- Additional practices may be scheduled during competition season to ensure teams are fully prepared.

Competition Format

- Novice teams do not compete for numerical placement but instead receive ratings of Superior, Excellent, or Outstanding based on their performance scores.
- Competitions provide valuable judge's feedback to help athletes grow and improve.
- Teams will compete at 1-day events.

Program Benefits

- This program helps athletes gain competition experience, build confidence, and refine routines in a lower-pressure environment.
- Less time commitment than All Star Prep and All Star Elite, making it a great way to fall in love with the sport while still being part of a competitive team.

Our Novice program is the perfect stepping stone for athletes looking to develop their skills and gain experience in competitive cheerleading!



All Star Show Teams

Our All Star Show Teams are designed for athletes who are new to cheer and looking to build a strong foundation in the sport. This program focuses on enhancing cheerleading fundamentals in a fun, friendly, and exciting environment, making it the perfect introduction to All Star cheer.

Commitment & Practice Schedule

- Practices begin in May and take place once a week for 1 hour.
- Additional practices may be scheduled before events to ensure teams are well-prepared.

Performance Opportunities

- Show teams perform at local events as exhibition teams.
- These teams do not compete for scores or placements—instead, the focus is on gaining confidence, experience, and preparing for a competitive team.

Skill Development

Athletes will work on:

- ✓ Jumps
- ✓ Tumbling
- ✓ Dance & Motions
- ✓ Basic Stunting & Pyramid Fundamentals
- ✓ Performance Skills & Showmanship

Uniform & Appearance

Show team athletes will wear the same practice wear, uniform, and bow as our Novice teams.

This is a fantastic way to introduce young athletes to All Star cheerleading while building skills, confidence, and a love for the sport!



FINANCIAL OBLIGATIONS

Competitive all star cheerleading requires a significant financial commitment. The following estimated costs are subject to change and while other expenses are not foreseen, they could arise. Absolutely no special financial arrangements will be made. Please carefully consider the financial responsibility required before committing to the season. ASR can provide a sponsorship letter upon request for financial assistance from local businesses and/or friends and family.

Please note that the All Star Elite fees below are for a regular season and do not include out of state events (UCA/YOUTH SUMMIT/SUMMIT/WORLDS) and those fees associated with them.

ALL STAR ELITE

Fee	Amount	Due Date
Tryout Fee	\$50	At Registration
Monthly Tuition	\$250	May through April
Registration	\$55	May
Practice Wear	\$300	May
Competition Bow	\$45	June
Competition Uniform	\$650	June
Competition Backpack	Varies by style	Pre-Order in Proshop before June
Competition Shoes	Varies by style	Pre-Order in Proshop before June
Choreography & Music Fee	\$400	July
Competition Warmups	\$250	July
Coaches Fee	\$195	\$65 Aug / \$65 Sept / \$65 Oct
Competition Fees	\$1500	Three equal installments Aug/Sept/Oct
USASF Fee	-	Pay directly at usasfmembers.net

ALL STAR PREP

Fee	Amount	Due Date
Tryout Fee	\$50	At Registration
Registration	\$55	May
Monthly Tuition	\$225	May through April
Practice Wear	\$300	May
Competition Bow	\$45	June
Competition Uniform	\$650	June
Competition Backpack	Varies by style	Pre-Order in Proshop before June
Competition Shoes	Varies by style	Pre-Order in Proshop before June
Choreography & Music Fee	\$350	July
Competition Warmups	\$250	July
Coaches Fee	\$195	\$65 Aug / \$65 Sept / \$65 Oct
Competition Fees	\$1200	Three equal installments Aug/Sept/Oct
USASF Fee	-	Pay directly at usasfmembers.net



ALL STAR NOVICE (TRAVEL)

Fee	Amount	Due Date
Tryout Fee	\$50	At Registration
Registration	\$55	Due annually
Monthly Tuition	\$175	May through April
Practice Wear	\$200	May
Competition Bow	\$45	June
Competition Uniform	\$325	June
Competition Backpack	Varies by style	Pre-Order in Proshop before June
Competition Shoes	Varies by style	Pre-Order in Proshop before June
Choreography & Music Fee	\$200	July
Competition Warmups	\$250	July
Coaches Fee	\$195	\$65 Aug / \$65 Sept / \$65 Oct
Competition Fees	\$1050	Three equal installments Aug/Sept/Oct
USASF Fee	-	Pay directly at usasfmembers.net

ALL STAR NOVICE (NON-TRAVEL)

Fee	Amount	Due Date
Tryout Fee	\$50	At Registration
Registration	\$55	Due Annually
Monthly Tuition	\$175	May through April
Practice Wear	\$200	May
Competition Bow	\$45	June
Competition Uniform	\$325	June
Competition Backpack	Varies by style	Pre-Order in Proshop before June
Competition Shoes	Varies by style	Pre-Order in Proshop before June
Choreography & Music Fee	\$150	July
Competition Warmups	\$250	July
Coaches Fee	\$195	\$65 Aug / \$65 Sept / \$65 Oct
Competition Fees	\$825	Three equal installments Aug/Sept/Oct
USASF Fee	-	Pay directly at usasfmembers.net

Above prices do not include tax and may be subject to change.

*Above prices do not include travel/lodging expenses at out of town events.

*Above prices do not include UCA, Youth Summit, SUMMIT or WORLDS fees (All-Star Elite Athletes ONLY)

*All items are REQUIRED and considered a part of the uniform.



BILLING PROCEDURES



- Fees will post to your ASR account on the 1st of the month in which it's due. Any items are to be paid for at time in which the order is placed.
- All balances will be charged to the card on file on the 6th of each month.
- If you prefer NOT to charge the card on file, you must bring in cash by the 5th of the month (or sooner should the front desk be closed.)
- WE NO LONGER ACCEPT CHECKS
- All accounts are required to have a valid credit card on file at all times even if paying by cash.
- No account will be allowed to have fees roll over from month to month.
- Athletes with a balance will not be allowed to participate in class until ALL fees are paid in full and could be removed from the program.
- Communication is key

BREAKDOWN OF FEES

Registration Fee (Due Annually on Your Anniversary Date):

A \$55 non-refundable registration fee is required for each athlete every year upon signing up.

This fee must be paid before an athlete can be placed on an All-Star Revolution team or participate in any ASR activities, including practices, tumbling classes, privates, camps, or school training.

Monthly Tuition:

Families with multiple athletes will receive a 50% discount off any additional sibling's team tuition. The 50% team tuition discount will be applied to the lesser value of tuition when applicable. Cousins, neighbors, etc. are NOT considered siblings. (All other fees will apply per athlete.) Withdrawal notice must be given to Office@all-starrevolution.com by the 15th of any month to avoid being charged for the next month's tuition.

Practice Wear:

Practice wear changes every year, so this is required for new AND returning members. All-star & prep athletes will be issued three practice outfits, novice athletes will be issued two practice outfits. **Teams are only allowed to wear official 2025-2026 ASR practice wear items during all team practices and events. All other items are not approved and will not be allowed.**

Competition Uniform:

All athletes must order a uniform according to their program and level placement. Styles and prices vary by team.

Please note that the uniform is designed to fit like a leotard so keep that in mind when selecting the size.

Competition Bow:

A competition bow will be ordered for all active athletes according to their program and level placement. Styles vary by team.

Competition Warm-ups:

The ASR warm-up set is the only cover up allowed at events. All other cover up items are not allowed while in uniform. Pajama pants, sweats, blankets ect are not part of the uniform and are not what we want the kids walking around in. If it's cold, warm-ups are a required item, so please use them.

Competition Backpack:

Official ASR Competition Team backpacks/belt bags are the only bags allowed while in uniform. All other bags/backpacks are not allowed at competitions. School cheer backpacks are not allowed.

It is important to note that practice wear, warm-ups, uniform, shoes, bow and backpacks cannot be changed in any way. Added bling or embroidery is NOT allowed and any alterations that change the uniform design are also prohibited.

Choreography:

All-star, prep team and novice travel athletes are required to attend a mandatory choreography camp for their team. The mandatory choreography fee includes the cost of choreography, instruction and music production. All members MUST pay this non-refundable fee, regardless of camp attendance, which would also include members who might join later in the season. They will still use the choreography and music provided.

Coaches Fee:

This will help cover a small portion of the expenses that come with our staff traveling to our local events, out of town events and all of the cost that come with it such as registration fees, parking, per diem, accommodations and other travel expenses.

USASF Membership:

The United States All Star Federation (USASF) is the main governing presence in competitive all star cheerleading. USASF requires that ALL athletes certify to be eligible to compete each season. The fee will be paid directly to USASF and will be your responsibility to register your athlete and upload the birth certificate or any information required to make them eligible. Adult athletes must also complete background checks and a course.

Competition Fees:

Competition fees are NON-REFUNDABLE (even if an athlete quits, is removed, or becomes injured). These fees cover event registration for the season.

The 2025-2026 ASR competition schedule will be carefully planned based on factors such as school squad conflicts, event locations, competitor attendance, and other key considerations to ensure a successful and competitive season for all teams. Once finalized, the total competition fee will be calculated and divided into three equal installments, due in September, October, and November 2025.

There may also be showcases held at the gym, which are separate from official competition events and not included in competition fees.

Please note: Competition fees do not include travel or lodging costs for out-of-town events.

OUT OF STATE EVENTS (ELITE ONLY):

Should an ELITE team attend any out of state events, this will incur additional fees. Events such as UCA or Youth Summit are not factored into the regular season.

The Summit and The Cheerleading Worlds invitation only events and are not factored into the regular season cost.

*Hotel, airfare, food, registration fee and coaches fee are extra expenses for these events and could be a very big expense for a family. Athletes trying out for an Elite position at ASR should keep this in mind. We expect our athletes to receive a bid and attend each year. Not attending with your team will result in removal from the program.

We Battle As One all the way to the end!!!

If you are unsure whether or not you can commit to these end of season events, please do not tryout at ASR.

2025-2026 CLOSURES

- Monday, May 6, 2025 (Memorial Day)
- Thursday, July 4 – Sunday, July 7, 2025 (Independence Day Weekend)
- Sunday, August 31 – Monday, September 1, 2025 (Labor Day Weekend)
- Monday, November 24 – Friday, November 28, 2025 (Thanksgiving Break)
- Monday, December 22 – Friday, January 2, 2026 (Winter Holiday Break)
- Monday, March 9 – Friday, March 13, 2026 (Spring Break)
- Friday, April 3–Sunday, April 5, 2026 (Easter)

Please keep in mind that these dates are subject to change based on our local school districts. Additionally, travel team athletes should be aware that extra practices will be scheduled throughout the year.



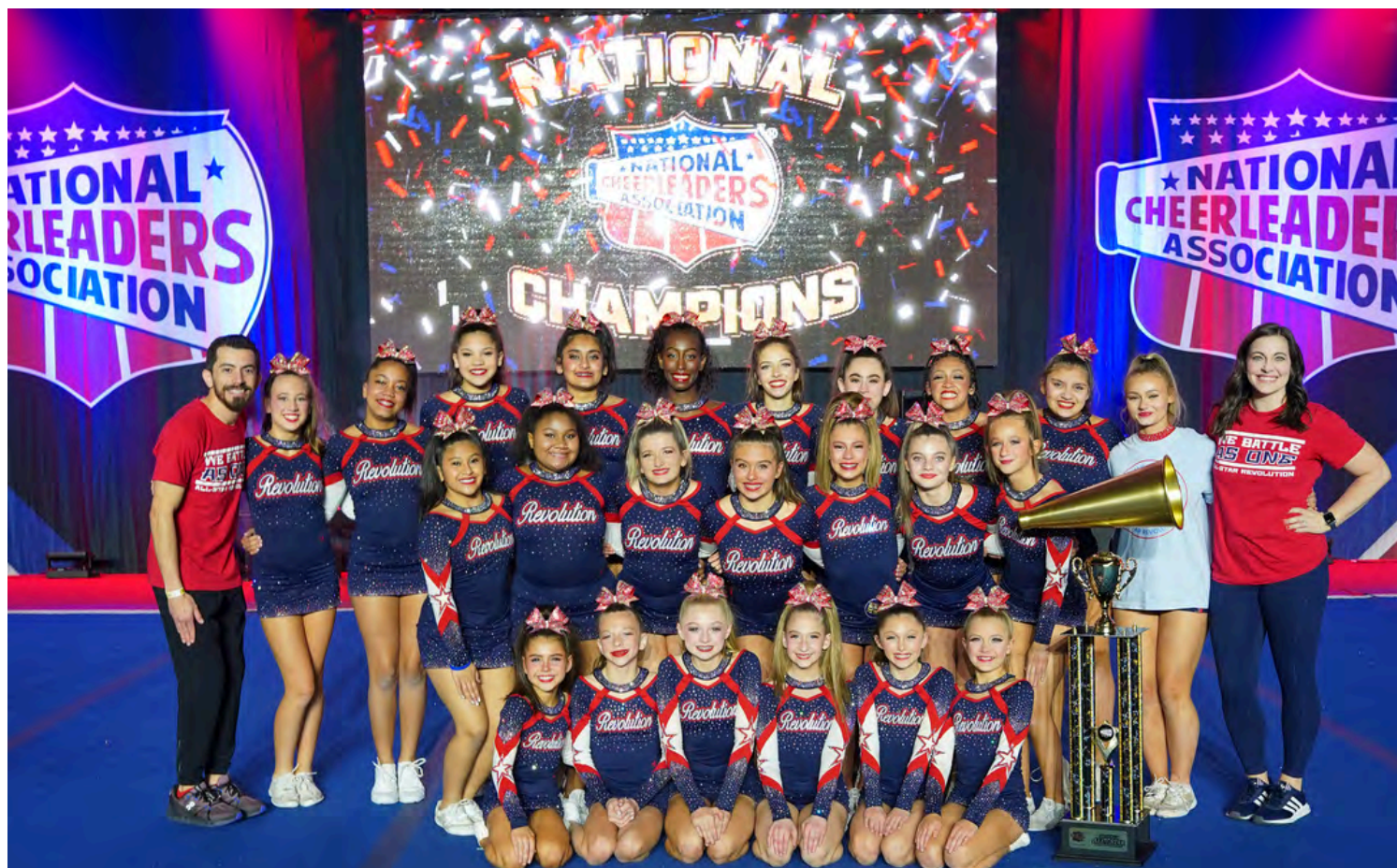
CHOREOGRAPHY CAMP

Mandatory for all Novice Travel, Prep, and Elite teams.

Choreography will take place at the ASR during summer.

Camp durations:

- Elite Teams: 2-3 days
- Prep Teams: 2 days
- Novice Travel Teams: 1 day
- Novice Non-Travel: Will learn their routine in regular practice.
- Camp hours: 9 AM - 3 PM with a 1-hour lunch break (11:30 AM - 12:30 PM).
- Athletes may not leave the premises for lunch.
- Closed to parents (drop off lunch at noon if needed, but no staying to watch).
- Camp dates will be released by the end of May.
- Please note: Camp times are subject to adjustment at ASR's discretion.



PRACTICES, COMPETITIONS & COMMITMENT EXPECTATIONS

Practice Schedule

- All Star & Prep Teams: Practice 2-3 times per week for 2 hours. A second practice begins in June. Some practices may be scheduled on Fridays, Saturdays, or Sundays, and extra practices may be called as needed.
- Novice Teams: Practice once per week but may have a mandatory extra practice closer to competition time.
- Tuition covers all scheduled practices—it does not change based on the number of practices in a given month.

Attendance Expectations

The only excused absences are:

- ✓ Mandatory school cheer functions
- ✓ School-related events that affect a grade
- Unexcused absences include: Part-time jobs, dances, concerts, banquets, weddings, recitals, school/church socials, and other non-school-related activities.
- No absences are allowed the weekend before a competition or the week of a competition.
- Each athlete is allowed 4 absences during the summer.

Requesting an Absence

- All absence requests must be submitted at least 2 weeks in advance using the Absence Request Form, which can be found on our website under the drop-down menu labeled “Absence Request.” Please do not submit absence requests through the parent portal, as those submissions do not properly register as official requests.
- Absence requests are not automatically approved; you will receive an approval or denial via email from Edgar Ruiz.
- If an emergency arises the day of practice, notify your head coach, who will then inform Edgar.
- No absences are permitted during event weeks.

INJURY POLICY

- IF AN ATHLETE IS INJURED, NOTIFY ASR STAFF IMMEDIATELY.
- ASR RESERVES THE RIGHT TO REPLACE AN INJURED ATHLETE FOR SOME OR ALL REMAINING EVENTS.



COMPETITIONS

The tentative competition schedule for the 2025-2026 season will be released by July 31, 2026.

ALL COMPETITIONS ARE MANDATORY for every athlete.

- Athletes must be available the entire week/weekend of an event AND the week prior. **Missing any of these will result in permanent removal from ASR.**
- Expect to practice the entire weekend before a competition and potentially during the competition week.
- Some competitions may require travel on Thursday or Fridays, possibly causing athletes to miss school. We will minimize school absences whenever possible.
- All athletes must attend their team's awards ceremonies and be "performance ready" (full uniform, hair, and makeup—no backpacks, phones, or extra clothing).

Competition Dress Code

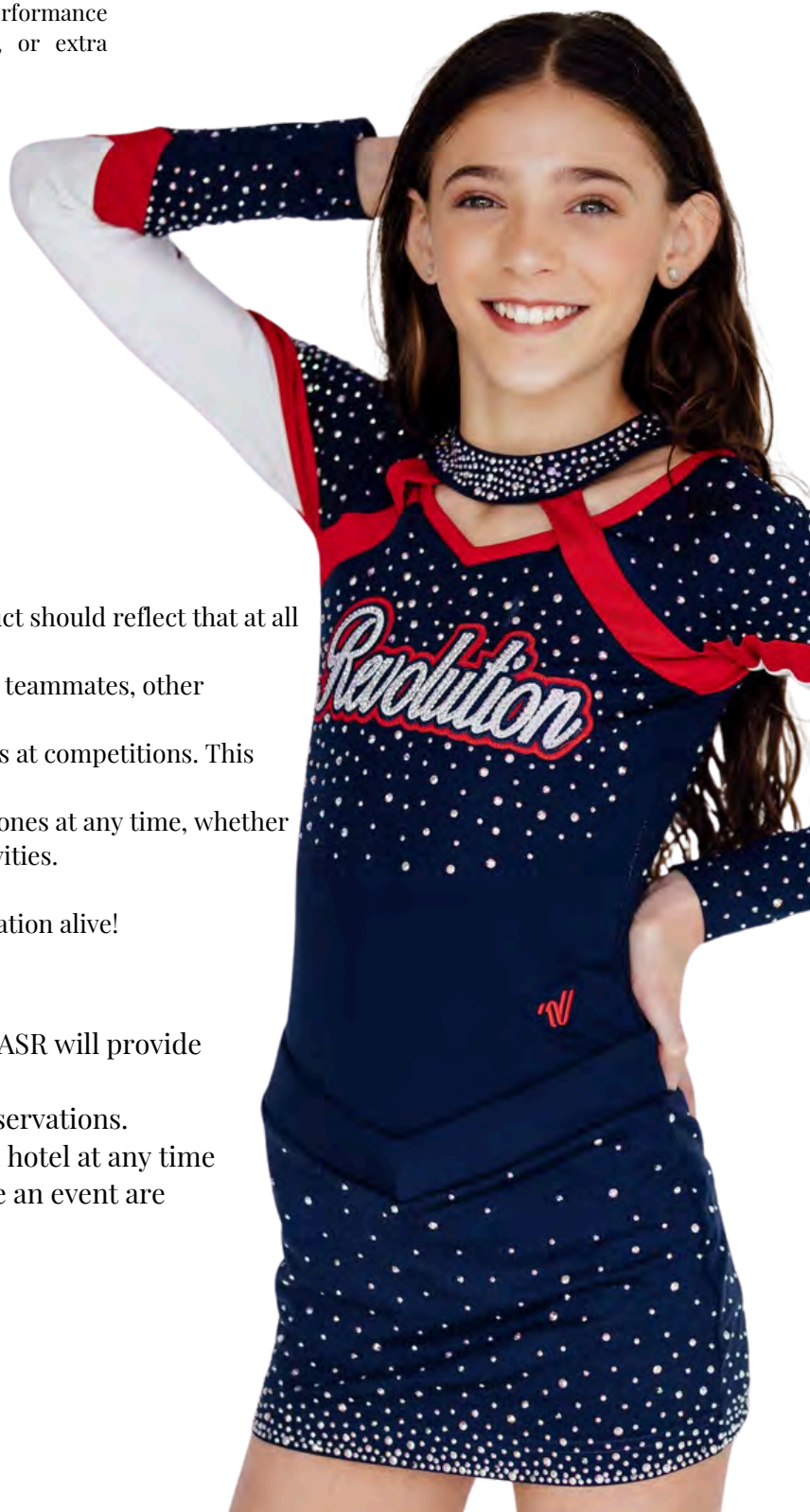
- ✓ Full, clean uniform (top & bottom)
- ✓ ASR warm-ups
- ✓ Assigned competition bow
- ✓ Hair secured & out of the face
- ✓ Full makeup
- ✓ No-show white socks & clean white cheer shoes
- ✓ No jewelry, nail polish, or gum
- ✓ Cell phones are NOT to be tucked into skirts
- ✓ Undergarments must not be visible (stick to neutral colors)

BEHAVIOR & SPORTSMANSHIP

- ASR athletes represent themselves and the program—conduct should reflect that at all times.
- Social media conduct matters! No negative posts about ASR, teammates, other programs, coaches, or athletes.
- Athletes and parents are expected to support ALL ASR teams at competitions. This may mean arriving early or staying late.
- Athletes are NOT allowed to record videos or wear microphones at any time, whether in practice, at competitions, or during any ASR-related activities.
- Parents should be loud and supportive!
- ASR is known for its enthusiastic fans—let's keep that reputation alive!

Hotel Accommodations

- Stay-to-Play applies to most out-of-town competitions. ASR will provide hotel block information once the schedule is released.
- Team hotels will be selected in advance to allow early reservations.
- Athletes may be required to meet or practice at the team hotel at any time during the competition weekend. Evening practices before an event are mandatory.
- Parents are responsible for their athletes at the hotel.



GYM RULES

In the Gym

- ASR reserves the right to close practices to parents & spectators.
- Stay healthy! Eat well, stay active, and get plenty of rest to avoid injuries.
- Respect is non-negotiable—athletes must be respectful to teammates, staff, and parents.

Dress Code

- 1.All-Star Revolution practice wear must be worn at all practices.
- 2.If an athlete is missing any piece of practice wear, a replacement item will be provided & charged to their ASR account.
- 3.Cheer shoes are mandatory—wear them at all times.
- 4.No jewelry allowed in the gym.
- 5.Only water is allowed in the gym area.

Gym Etiquette

- 1.Lost & Found: Unclaimed items will be donated bi-weekly.
- 2.Arrive on time—five minutes early is better than five minutes late!
- 3.If you arrive early, stay off the equipment and stretch quietly.
- 4.Trampolines are for training only—one athlete at a time, with a coach supervising.
- 5.Only ASR athletes and staff are allowed in the gym area.
- 6.No unsupervised tumbling—an instructor must always be present.

Parent & Spectator Guidelines

Parents may NOT:

- Enter the gym at any time
- Spot an athlete at ASR events
- Coach a team, call extra practices, or provide cheer instruction

By following these guidelines, we ensure a safe, productive, and successful season for every athlete and team!



RULES & EXPECTATIONS

Respect & Conduct

- Treat teammates, coaches, and parents with respect—speak to others as you wish to be spoken to.
- Maintain good sportsmanship at all times. Any form of abusive behavior, lying, or negativity can result in removal from ASR.
- No gossiping or negative comments—this includes in-person and online communication.
- Do not post negative comments about ASR, teammates, other programs, or coaches on social media.

Commitment & Attendance

- Treat teammates, coaches, and parents with respect—speak to others as you wish to be spoken to.
- Maintain good sportsmanship at all times. Any form of abusive behavior, lying, or negativity can result in removal from ASR.
- No gossiping or negative comments—this includes in-person and online communication.
- Do not post negative comments about ASR, teammates, other programs, or coaches on social media.
- we do not provide makeup days for scheduled closures, emergency closures, athlete absences, and we do not offer prorated fees.

Choreography & Skills

- Only skills that demonstrate consistent execution, proper technique, and precise timing will be incorporated into ASR routines. Athletes must show full mastery of a skill—meaning clean, controlled, and synchronized performance—before it will be included in choreography.
- No self-taught tumbling—progression must follow ASR coaching methods.
- All routines, music, and choreography are ASR property—do not share or post videos online.

Team Communication & Parent Expectations

- GroupMe/Band are ASR's official communication platforms—keep chats positive or risk removal.
- Parents may not collect or request money for team gifts, parties, or events without ASR approval.
- All communication with ASR staff must be through parents—athletes should not message coaches directly.

Facility & Behavior Expectations

- ASR reserves the right to close practices to spectators.
- The parent viewing area is for watching practice only—no work, social gatherings, or disruptive behavior.
- No outside solicitation—do not promote businesses or sell items using ASR contacts.

WITHDRAWAL POLICIES

- If dropping from ASR, you must email office@all-starrevolution.com by the 15th of the month to avoid the next tuition charge.
- No refunds will be given if an athlete quits, is removed, or becomes injured. It is important to understand that ASR reserves the right to deny training to any athlete due to unacceptable behavior (either in person or online) or any outstanding fees. ASR also reserves the right to ban individuals from the premises for being disruptive, uncooperative, or threatening to staff, athletes, or other customers.
- By registering with All-Star Revolution, I acknowledge that I have read and understood the 2025-2026 information packet and agree to follow all guidelines set by All-Star Revolution. I recognize that failure to comply with these policies will result in removal from the program without a refund.

 **ASR RESERVES THE RIGHT TO REMOVE ANY ATHLETE OR PARENT FOR UNACCEPTABLE BEHAVIOR, OUTSTANDING BALANCES, OR VIOLATIONS OF THESE POLICIES.**